

**Town of Thompson's Station
Parks and Recreation Advisory Board
Meeting Agenda
August 2, 2016**

Meeting Called To Order

Discussion Items:

1. Consideration Of The Minutes Of The July 12, 2016 Meeting.

Documents:

[JULY MINUTES.PDF](#)

2. Budget Report

Documents:

[ITEM 2 BUDGET REPORT.PDF](#)

3. Power Yoga Project - Request To Conduct A Yoga Program Within Thompson's Station Park (Applicant - Heather Andrews)

Documents:

[ITEM 3 POWER YOGA PROJECT INFORMATION.PDF](#)

4. Third Coast Festival For The Cure - Request To Hold A Music & Arts Festival On October 29th Within Thompson's Station Park (Applicant - Richard Armentrout)

Documents:

[ITEM 4 MUSIC AND ARTS FESTIVAL INFORMATION.PDF](#)

5. Park Master Plan Update

6. Dog N Pony Show Update

Adjourn

*This meeting will be held at 6:00 p.m. in the Thompson's Station's Community
Center
1555 Thompson's Station Road West*

Minutes of the Meeting
of the Municipal Parks and Recreation Advisory Board
of the Town of Thompson 's Station, Tennessee
July 12, 2016

Call to Order:

The meeting of the Parks and Recreation Advisory Board of the Town of Thompson's Station was called to order at 6:00 p.m. on the 12th day of July, 2016 at the Thompson's Station Town Hall with the required quorum. Members, aldermen and staff in attendance were: Chairman Jim Van Vleet; Board Member Kreis White; Board Member Becky Clark; Board Member Shelia Shipman; Vice-Chairman David Coleman, Alderwoman Sarah Benson and Town Planner Wendy Deats. Board Member Layla Bell, Alderman Brinton Davis and Advisor Paula Edenfield were unable to attend.

Business:

1. Approval of Minutes – The minutes of the June 7, 2016 meeting were submitted. Board member Coleman moved to accept the June 7th minutes. The motion was seconded and approved unanimously.

2. Budget Report—Mrs. Deats reviewed the report.

Board member Shipman made a motion to approve. The motion was seconded and approved unanimously.

3. Dog N Pony Show Update – Mr. Jack Davis, owner of JD Events and Promotions came forward to update the Board about sponsorships, stages, vendors, and volunteer opportunities for the Parks Board.

a. Hot Air Balloon Glow – Chairman Van Vleet updated the Board regarding the Hot Air Balloon Glow. He also approached the Board about hosting a race/5k run during the morning of the Dog & Pony Show.

Chairman Van Vleet made a motion to move forward to include the 5k in the Dog & Pony Show. The motion was seconded and carried unanimously.

4. Park Master Plan Update – HFR – Mr. Kyle Dunn, designer with HFR, came forward to give a presentation on the Park Master Plan. Some ideas included an area for the Civil War Trust, equestrian facilities, walking trails and other passive recreational opportunities.

Staff will provide an update on the master plan and the Board will set a public meeting date at the August meeting.

5. Park Maintenance

a. Gate Closure

b. Alexander Trail

Staff gave an update regarding gate closure in Thompson's Station Park and taking over the maintenance at Alexander Trail.

After a brief discussion, Chairman Van Vleet made a motion to keep open the gate in Thompson's Station Park and for the Town to take over the maintenance of Alexander Trail. The motion was seconded and carried unanimously.

Adjourn.

Minutes of the Meeting
of the Municipal Parks and Recreation Advisory Board
of the Town of Thompson 's Station, Tennessee
July 12 , 2016

Jim Van Vleet, Chairman



TOWN OF THOMPSON'S STATION
PARKS AND RECREATION ADVISORY BOARD
FY 2016 - 2017

SUMMARY OF REVENUE AND EXPENDITURES:

	FY 2015 - 2016						FY 2016-17
	Feb-16	Mar-16	Apr-16	May-16	Jun-16	Jul-16	
Beginning Balance	\$ 100,000	\$ 100,000	\$ 100,000	\$ 100,000	\$ 90,302	\$ 71,976	
Revenue							
Description							
Federal Grant Funds	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
State Grant Funds	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
Other Grant Funds	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
From General Fund	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
Total Revenues	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
Total Revenues & Fund Balance	\$ 100,000	\$ 100,000	\$ 100,000	\$ 100,000	\$ 90,302	\$ 71,976	
Expenditures							
Description							
Consulting Fees	\$ -	\$ -	\$ -	\$ -	\$ 3,300	\$ -	
Park Improvements	\$ -	\$ -	\$ -	\$ -	\$ 15,026	\$ -	
Total Expenditures	\$ -	\$ -	\$ -	\$ -	\$ 18,326	\$ -	
Ending Fund Balance	\$ 100,000	\$ 100,000	\$ 100,000	\$ 100,000	\$ 71,976	\$ 71,976	

Funds encumbered as of July 31, 2016: Park improvements by Eagle Scout = \$1,000

Unencumbered parks budget at July 31, 2016: \$71,976 - \$1,000 = \$70,976



www.poweryogaprojecttn.com

About Us

Power Yoga Project is a donation based organization providing yoga outside of the studio in community parks and recreational areas. PYP believes in empowering the individual through the practice of yoga to discover happiness, experience growth and achieve well-being within. With PYP, students are encouraged to step into and experience their own greatness while building a strong, supportive, community. We believe yoga should be accessible to everyone so they can enjoy the benefits of personal practice, while building friendships and encouraging community growth. A portion of PYP proceeds is given to our cities and communities so they can continue to provide places for people to grow and play. Please visit our website for more information about our vision www.poweryogaprojecttn.com and like us on Facebook!

WHEN:

Monday evenings in July 7pm - 8 PM Community Vinyasa Flow

In vinyasa yoga classes, students coordinate movement with breath to flow from one pose to the next. This community flow class is fun and laid back focusing on stretching, opening and breathing leaving you feeling invigorated and awesome! All levels welcome.

Thursday evenings in July 7pm - 8:15pm Baptiste Inspired Vinyasa Flow

Baptiste inspired vinyasa classes focus on self-awareness being the ultimate goal of asana practice and encouraging you to find your authentic personal power in life. The aim of this class is to create freedom, peace of mind, and the ability to live more powerfully and authentically right now. All levels welcome.

WHERE:

Harvey Park in Spring Hill
4001 Miles Johnson Parkway
Spring Hill, TN 37174

WHAT TO BRING:

Yoga mat
Water bottle
Towel
You, just as you are

Donations:

PYP appreciates a minimum \$5 donation for class. You can donate on our website at www.poweryogaprojecttn.com

Book a class:

Please click the "Contact Us" button on our website and send us an email to book as class!
The "Book a Class" option is coming soon on our "Classes" page!

*Please note, donations are not tax deductible, they are to help sustain and grow the organization and give a portion to local city parks and community centers.

**Richard Armentrout
4681 Bennett Hollow Rd
Thompson's station, TN 37179**

Request for Thompson's Station Park

What: Music Festival

Why: Benefiting Alzheimer's & Diabetes Cause

When: October 29th 2016 (rain date request for Oct 30th)?

Time: 10am till 6pm

Description: Third Coast Music Festival for the Cure is a family oriented outdoor music/arts festival benefiting non-profit and outreach programs.

Cost: free to the community with a parking donation.

Activities: live music, farmers market, classic cars, artisans, crafts and food vendors.

Request: access previous afternoon for food tent, vendor trailers (10)?

Stage: request to use pavilion area for stage, festival to provide food tent area with table/chairs adjacent to pavilion.

Music Amplification: yes, maintaining low volume to 80db at any giving time to cover basic area up to mid field etc.

No alcohol: none

Vendors – any electric/water access?

Street closing: requesting recommendation? IE: food vendor location around pavilion area or along access road or option field options?

Security – partner with sheriff department for securing off duty person

Parking – Requesting field parking and information?

Trash and clean up – Festival volunteers.